

START TIME 18H00  
WED 31 JULY

TrailAdventure

# NIGHT RUN \ WALK

# BEAVE THE COLD

COME HUNGRY!  
THE RESTAURANT IS OPEN  
BEFORE AND AFTER

## MEDALS TO ALL FINISHERS

IRENE COUNTRY CLUB, 1 MI8  
DORINGKLOOF, CENTURION, 0157

DISTANCE R80 - 5KM | R100 - 10KM || SURCHARGE ON THE DAY R20  
kids under 8 years free | over 60 R50

BEVAN @ 076 834 6971 |  
BEVANADVENTURERUN@GMAIL.COM

entries and results - [www.trailadventure.co.za](http://www.trailadventure.co.za)